

**DESCRIPTION OF THE COURSE OF STUDY**

<b>Course code</b>	<b>0912-7LEK-B4.2-M</b>	
<b>Name of the course in</b>	Polish	<b>Psychologia lekarska</b>
	English	<b>Medical Psychology</b>

**1. LOCATION OF THE COURSE OF STUDY WITHIN THE SYSTEM OF STUDIES**

<b>1.1. Field of study</b>	medicine
<b>1.2. Mode of study</b>	Full-time
<b>1.3. Level of study</b>	Uniform Master's study
<b>1.4. Profile of study*</b>	General academic
<b>1.5. Specialization*</b>	lack
<b>1.6. Unit running the course of study</b>	Faculty of Medicine and Health Sciences
<b>1.7. Person/s preparing the course description</b>	dr n. hum. Martyna Głuszek-Osuch
<b>1.8. Person responsible for the course of study</b>	dr n. o zdr. Magdalena Łazarewicz
<b>1.9. Contact</b>	magda.lazarewicz@gmail.com

**2. GENERAL CHARACTERISTICS OF THE COURSE OF STUDY**

<b>2.1. Affiliation with the module</b>	Behavioral sciences and social elements of professionalism
<b>2.2. Language of instruction</b>	English
<b>2.3. Semesters in which the course of study is offered</b>	2nd
<b>2.4. Prerequisites*</b>	-----

**3. DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

<b>3.1. Form of classes</b>	Lecture: 15 hours
<b>3.2. Place of classes</b>	Courses in the teaching rooms of the JKU
<b>3.3. Form of assessment</b>	Lecture – credit with grade
<b>3.4. Teaching methods</b>	Conversational lecture, case study, discussion, role-playing, work in pairs
<b>3.5. Bibliography</b>	<p>All obligatory reading materials will be provided by a lecturer in .pdf files</p> <p>1- Crash Course Medical Ethics and Sociology" Papanikitas Andrew; 2- "Psychology and Sociology Applied to Medicine 3e" Abraham Charles;-----</p> <p><b>subgroups</b></p> <p><b>Further reading</b></p> <p>1. Ofri, D. (2014) <i>What Doctors Feel: How Emotions Affect the Practice of Medicine</i>. Beacon Press.</p> <p>2. Gabe, J. &amp; Monaghan, L. (2013) <i>Key Concepts in Medical Sociology</i> (SAGE Key Concepts series). SAGE Publications Ltd. The above textbooks are available for short rental from the Department of Medical Psychology library (single copies).</p> <p>3. Silverman J, Kurtz S, Draper J (2008) <i>Skills for Communicating with Patients</i>. Radcliffe Publishing</p> <p>4. Desmond J, Copeland LR (2000) <i>Communicating with Today's Patients</i>. Jossey-Bass. A Wiley Imprint.</p> <p>3- "Medical Sociology" Coeckerham William</p>

Sformatowano: Kolor czcionki: Tekst 1

**4. OBJECTIVES, SYLLABUS CONTENT AND INTENDED TEACHING OUTCOMES**

#### 4.1. Course objectives (lecture)

1. Acquaint students with psychology as a science.
2. Providing knowledge about the nature of stress, psychosomatic diseases, chronic diseases in terms of the psychological functioning of the patient.
3. Acquaint students with the essence, nature and classification of mental disorders.
4. Acquaint students with the mechanisms of domestic violence.
- ~~5. Acquaint students with the knowledge about the prevention of burnout and workaholism.~~
- ~~6-5.~~ The development of communication skills in the relationship with the patient.
- ~~7-6.~~ The development of the ability to motivate the patient to change health behaviors.

#### 4.2. Detailed syllabus (lecture)

##### Lecture

1. Psychology as a science. Definitions and goals of psychology. Current trends in psychology. Can the world exist without psychology?
2. Ordinary psychology. Human knowledge and understanding of himself. Emotions, stress and health. Health psychology- salutogenic approach in health psychology. Early and contemporary approach to the abnormality. Clinical health psychology. Psychological conditions of somatic disease. Stress and illness. Ways of coping with the disease.
3. Mental factors and somatic disorders (coronary heart disease, peptic ulcers, disorders of the immune system). Psychological aspects of chronic disease and disability.
4. Psychiatric disorders: nature, classification, main types of mental disorders according to ICD-10 (anxiety disorder, post-traumatic stress syndrome, somatoform disorders and dissociative disorders, mood disorders, personality). Health promotion and prevention of disorders from the perspective of psychology.
5. Interpersonal trauma. Mechanisms and consequences of domestic violence.
- ~~6. Burnout and workaholism in a doctor profession – prevention:~~
  - The integration of the group, building a sense of security in a group.
  - Communication with the patients: the role of non-verbal communication in the medical profession.
  - Verbal communication. Dealing with barriers in verbal communication.
  - Health behaviors of the patients. Motivating the patient to change health behaviors.

Sformatowano: Wcięcie: Z lewej: 1 cm, Wysunięcie: 0.5 cm

#### 4.3. Education outcomes in the discipline

Code	A student, who passed the course	Relation to teaching outcomes
<b>within the scope of KNOWLEDGE:</b>		
W01	understands the importance of verbal and nonverbal communication in the process of communicating with patients and the notion of trust in the interaction with the patient	D.W4.
W02	understands psychosocial consequences of hospitalization and chronic illness	D.W5.
W03	knows basic psychological mechanisms of human health and disease	D.W 7.
W04	understands the role of the family in the treatment process	D.W 8.
W05	knows the problems of adaptation to the disease as a difficult situation, the steps to adapt to threatening events and the needs of patients, dying and grieving process of the family	D.W 9.
W06	understands the role of stress in etiology and course of the disease and recognizes the mechanisms of coping with stress	D.W10.
<del>W07</del>	<del>knows the mechanisms, targets and methods of treatment for drug addiction</del>	<del>D.W 11.</del>
<del>W08</del> 07	knows the principles to motivate patients to follow healthy behaviors and how to communicate unfavorable prognosis to the patient	D.W 12.
<b>within the scope of ABILITIES:</b>		
U01	creates the atmosphere of trust during the entire treatment process	D.U4.
U02	leads conversations with an adult patient, <del>a child</del> and family using the techniques of active listening and expression of empathy, and talks with the patient about his/her life situation	D.U5.
U03	informs the patient about the purpose, process and potential risks of the proposed diagnostic or therapeutic action and obtains his/her informed consent	D.U6.
U04	informs the patient and his/her family about poor prognosis	D.U7.
U05	identifies risk factors for violence, recognizes violence and responds appropriately	D.U9
U06	applies psychological interventions and motivational support in certain situations.	D.U10.



4.4. Methods of assessment of the intended teaching outcomes																					
Teaching outcomes (code)	Method of assessment (+/-)																				
	Exam oral/written*			Test*			Project*			Effort in class*			Self-study*			Group work*			Others*		
	Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes			Form of classes		
	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...	L	C	...
W01-W07	-	-	-	+	-	-	+	-	-	+	-	-	+	-	-	+	-	-	+	-	-
U01-U06	-	-	-	-	-	-	-	-	-	+	-	-	+	-	-	+	-	-	+	-	-

\*delete as appropriate

4.5. Criteria of assessment of the intended teaching outcomes		
Form of classes	Grade	Criterion of assessment
lecture (L)	3	Achieving the 51% - 60% of the total number of points possible to achieve
	3,5	Achieving the 61% - 70% of the total number of points possible to achieve
	4	Achieving the 71% - 80% of the total number of points possible to achieve
	4,5	Achieving the 81% - 90% of the total number of points possible to achieve
	5	Achieving the 91% - 100% of the total number of points possible to achieve

#### 5. BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT

Category	Student's workload
	Full-time studies
<b>NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/</b>	<b>15</b>
Participation in lectures*	15
Participation in classes, seminars, laboratories*	
Preparation in the exam/ final test*	
Others*	
<b>INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/</b>	<b>10</b>
Preparation for the lecture*	5
Preparation for the classes, seminars, laboratories*	
Preparation for the exam/test*	5
Gathering materials for the project/Internet query*	3
Preparation of multimedia presentation	
Others*	
<b>TOTAL NUMBER OF HOURS</b>	<b>25</b>
ECTS credits for the course of study	1

Accepted for execution (date and signatures of the teachers running the course in the given academic year)

.....